

# SOLUTIONS FOR DRY EYES.

Irritated, excessively tearing and dry eyes are among the most common complaints encountered by eye specialists. The irritating symptoms, including those known as “dry eye syndrome,” can be a constant source of discomfort and greatly impact your quality of life. Fortunately, Drs. Roy A. Kline and Carolee R. Boyd can effectively diagnose and treat dry eyes.

## WHAT ARE THE SYMPTOMS OF DRY EYES?

Dry eyes can be a very uncomfortable sensation. Symptoms include eyes that burn or feel gritty, itchy or sticky. Having dry eyes also makes you more sensitive to environmental changes, such as wind, poor air quality, low humidity and automobile or indoor air conditioning. In addition, allergies and certain drugs like antihistamines and oral contraceptives contribute to dry eyes.



## DIAGNOSING AND TREATING DRY EYES.

Drs. Kline and Boyd diagnose dry eye by measuring the quantity and quality of your tears. They use state-of-the-art diagnostic equipment to look for damaged cells and dry spots on the surface of your cornea. The position and function of your eyelids will also be examined to make sure there are no problems with tear distribution. Most patients with dry eye can find welcome relief with artificial tears. Drs. Kline and Boyd will prescribe tear substitutes based on your individual needs. If artificial tears don't ease all your symptoms, Drs. Kline and Boyd offer punctal plugs in-office and prescribe the new medication Restasis® to help increase tear production, when appropriate. New dry eye dietary supplements may also be recommended.

If you want to overcome the frustration and discomfort of irritated, tearing or dry eyes, call and schedule an appointment with Drs. Kline and Boyd today at (518) 792-2345.

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*Drs. Kline and Boyd*  
**OPTOMETRISTS, PLLC**  
*Focusing on clear, healthy vision for the whole family*